

Acute and chronic viral hepatitis

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Discovery of aetiological agents of VH

- 1965 Hepatitis B surface antigen (HBsAg) isolated (Blumberg)
- 1973 Hepatitis A virus (HAV) identified (Feinstone)
- 1977 Delta agent (HDV) identified (Mario Rizzetto)
- 1985 recombinant DNA technology
- 1989 HCV identified (Houghton)
- 1990 HEV identified (Bradley)
- 1995 HGV (GBV-C) identified

Původce	HAV enterovirus 72	HBV	HCV
Čeleď (Family)	Poornaviridae	Hepadnaviridae	Flaviviridae
Rod (Genus)	Hepadivirus	Orthohepadnavirus	Hepadivirus
Velikost	27-28 nm	42 nm	30-60 nm
Genom	RNA	DNA	RNA
Počet genotypů	4 pouze 1 sérotyp	8 (A až H)	> 6 genotypů > 120 subtypů
Ink. doba (dny)	15-50	30-180	15-150
Přenos:			
- entérale	ano	ne	ne
- krví	vzorek	ano	ano
- sexuálně	vzorek	ano	vzorek
- vertikálně	ne	ano	vzorek
Přechod do chronicity	ne	novor. > 90 %, dítě do 5 let 25-50 %, dosud: imunkompetentní < 5 %, imunkompromitovaní > 80 %	55 - 85 %
Laboratorní diagnostika akutní infekce	anti-HAV IgM (možná poz. po akt. imunizaci)	HBsAg HBcAg anti-HBc IgM	anti-HCV RNA
Fulminantní průběh (rozvoj akutního jaterního selhání do 8 týdnů)	0,1 %	0,1 - 1 %	krajně vzorek
Akt. a pas. imunizace	ano	ano	ne

Původce	HDV (delta agens)	HEV swHEV (swine kmeny HEV)	GRV-C (HGV) Nezpůsobuje hepatitidu
Čeleď (Family)		Hepadnaviridae	Flaviviridae
Rod (Genus)	Deltavirus	Hepadivirus	
Velikost	35-37 nm	27-34 nm	
Genom	RNA	RNA	RNA
Počet genotypů (GT)	3 (I až III)	4 základní genotypy (GT)	
Ink. doba (dny)	30-180	15-60	
Přenos:			
- entérale	ne	GT 1 a GT 2 kontaminovanou vodou GT 3 a GT 4 zoologický přenos (vepr, kanec, jelenvid)	ne
- krví	ano	vzorek	ano
- sexuálně	ano	vzorek	
- vertikálně	ano	ano	
Přechod do chronicity	kofinfekce < 5 % superinfekce 80-90 %	NE, Chron. průběh byvá u pac. po transplantacích, u malignit, u HIV pozit.	Inhibice HIV replikace - zpomalení progrese
Lab. diagnostika akutní infekce	anti-HDV IgM, HBsAg	anti-HEV IgM a/nebo HEV RNA (ze sára nebo stolice)	anti-HGV, HGV RNA
Fulminantní průběh	u koinfekce 1 % u superinfekce 5 %	1-2 %, 3. trin. grav. koloni 22 % (GT 1 a GT 2)	
Vakcína	proti HB	rekombinantní v praxi v ČR	ne
Imunoglobulin	proti HB	ne	ne

Virus hepatitidy F

- V prosinci 1994 publikována zpráva o přenosu agens, který způsobuje non-A, non-E hepatitidu u opic
- Virus-like particles o průměru 27-37 nm) byly detekovány ve stolici francouzských pacientů a v játrech a stolicích infikovaných zvířat
- Agens označeno jako hepatitis French virus (HFV) a analýzou virového genomu zjištěna dvojvláknitá DNA

(Journal of Gastroenterology and Hepatology 2001;16(2):124-131)

- Později existence tohoto viru nebyla potvrzena

HEV resistance on heat

Heating the food to an internal temperature of 71 °C for 20 min is necessary to completely inactivate HEV

(Barnaud E. et al.: Thermal inactivation of infectious hepatitis E virus in experimentally contaminated food. Applied and Environmental Microbiology 2012;78(15):5153-9)

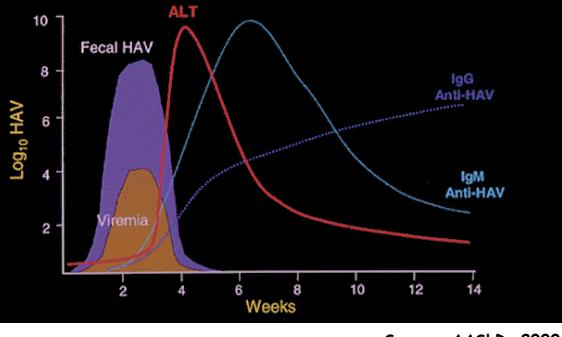
Rezistence HEV na teplo

(Feagins AR et al. Int J Food Microbiol 2008;123:32-37)

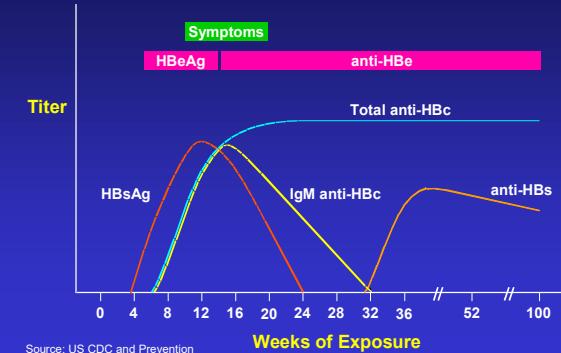
Teplota (°C)	Čas (min)	Úprava masa	Výsledek
56 °C	30' - 60'	medium rare	rezistence HEV
60 °C	60'	medium	reziduální živý HEV
66 °C	10' - 60'	medium well-cooked	inaktivace HEV
70-71 °C	10' - 60'	well done	inaktivace HEV

	Anti HAV IgM	HBs Ag	HBe Ag	Anti HBC IgG	Anti HBC IgM	Anti HBs	Anti HCV	Anti HBe	Anti HEV IgM
HA akutní	+	-	-	-	-	-	-	-	-
HB akutní	-	+	+	-	+	-	-	-	-
HB chronická HBeAg pozitivní (dřívě infekce divokým typem viru)	-	+	+	+	-	-	-	-	-
HB chronická HBeAg negativní (dřívě infekce e-minus mutantou)	-	+	-	+	-	-	-	+	-
St. po vakcinaci proti HB	-	-	-	-	-	+	-	-	-
HC akutní nebo chronická	-	-	-	-	-	-	+	-	-
HE akutní	-	-	-	-	-	-	-	-	+ a/nebo HEV RNA

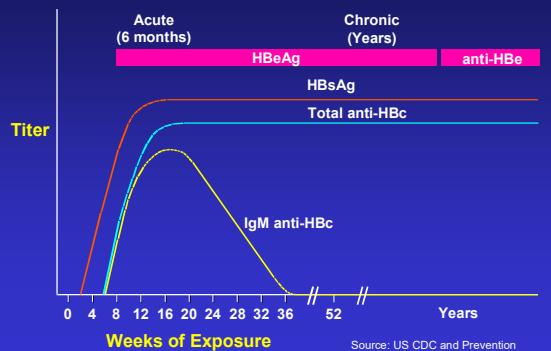
Virology of Acute Hepatitis A



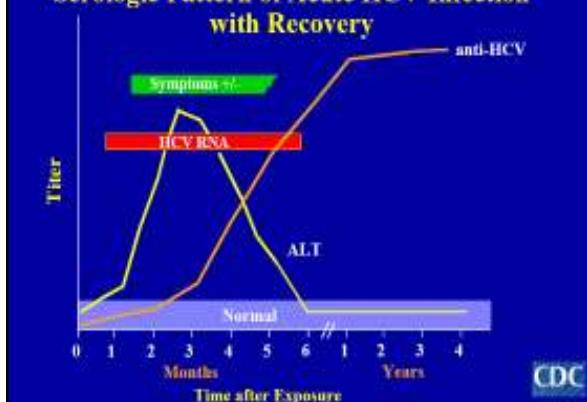
Acute HBV Infection with Recovery Typical Serologic Course

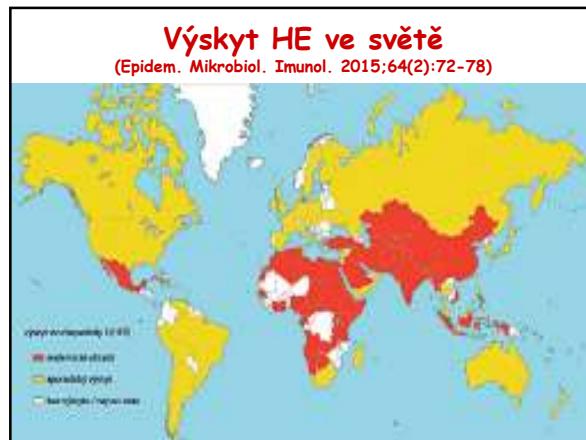
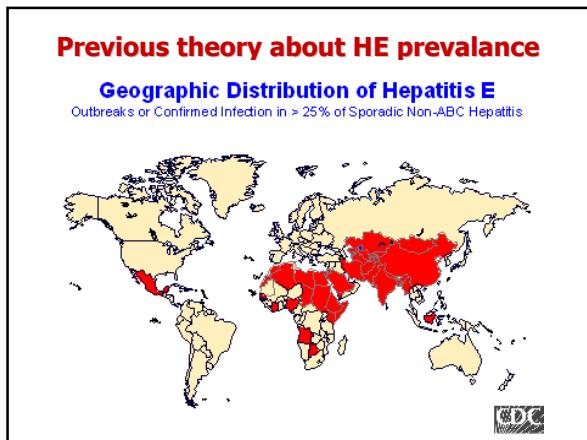
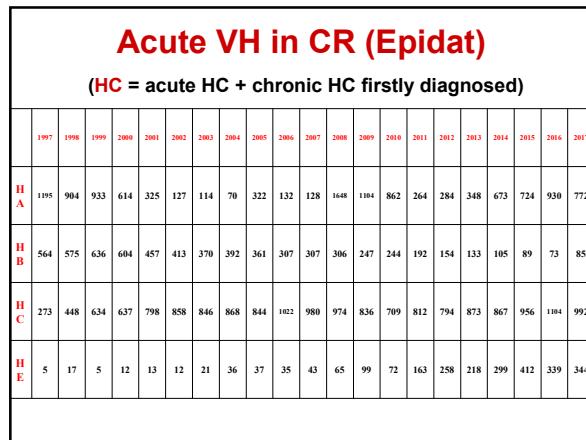
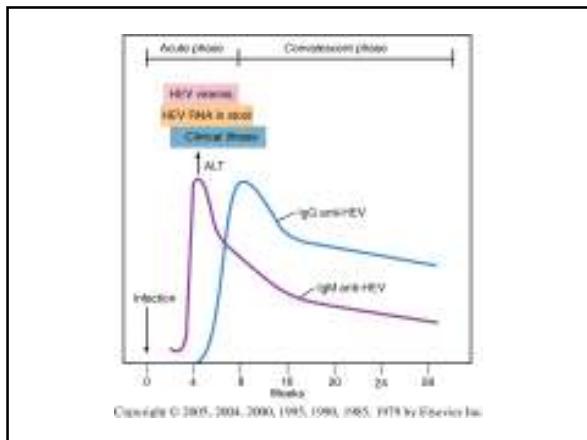
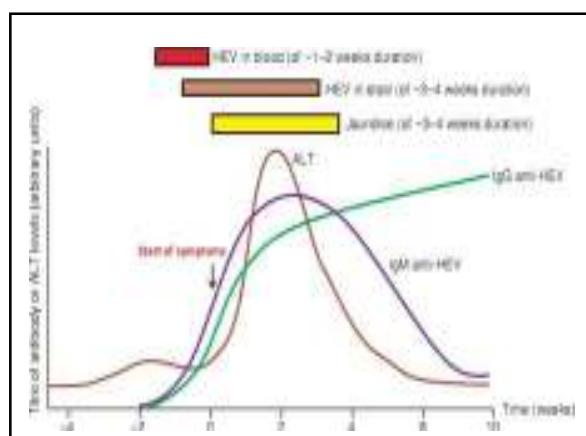
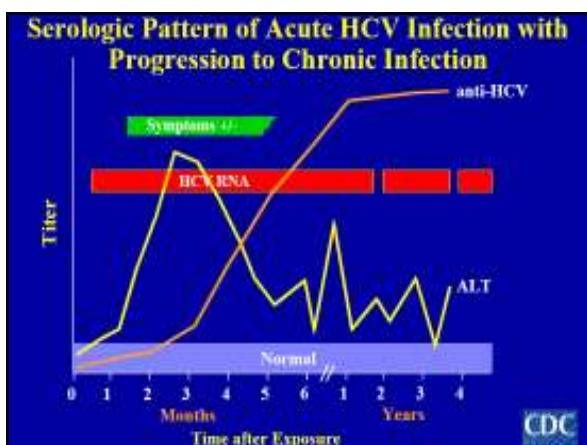


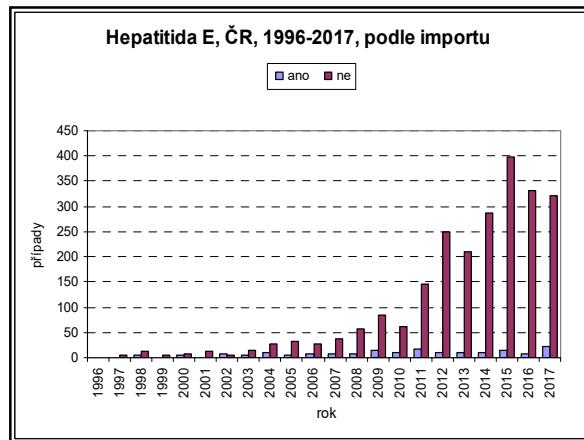
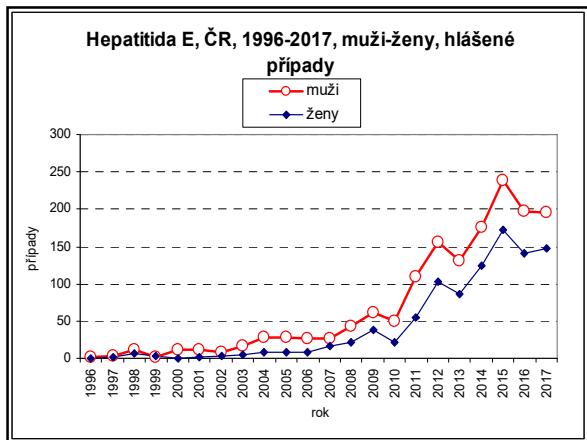
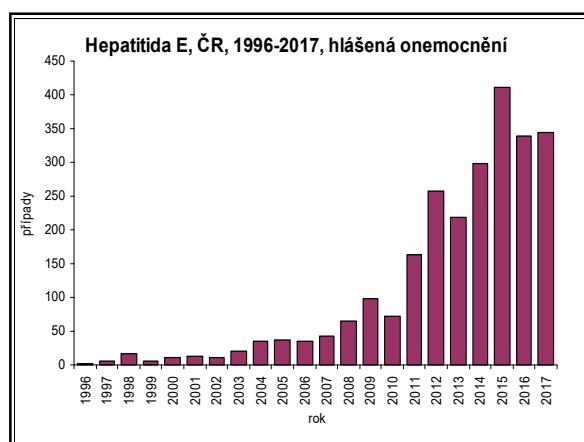
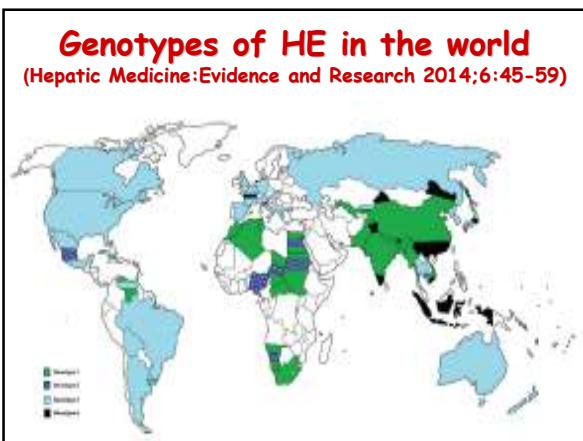
Progression to Chronic HBV Infection Typical Serologic Course



Serologic Pattern of Acute HCV Infection with Recovery



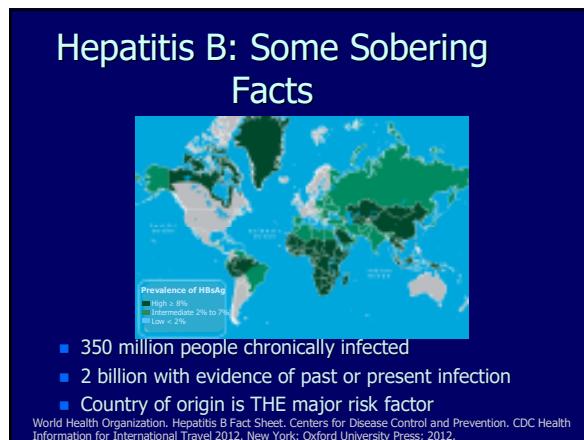


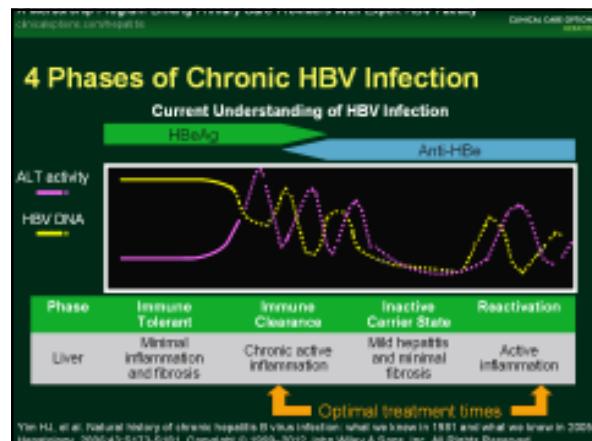
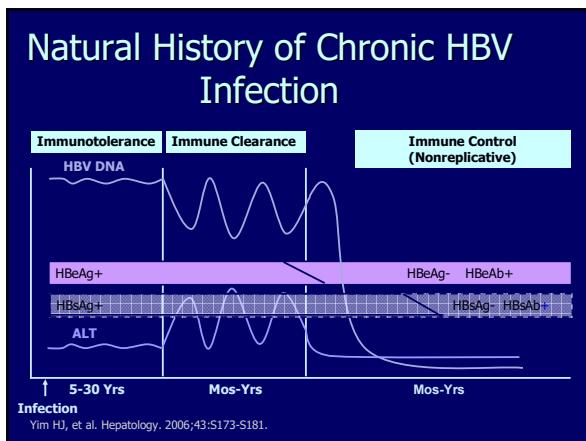


Prevention, Human origin	Pozit. číslo	Plánovaný výročí	Schätz.	Kalkul.	Údaje
VME	HEPATIX	1	0.000000	0.000000	0.000000
	HEPATIX	1	0.000000	0.000000	0.000000
	VALDIA	1	0.000000	0.000000	0.000000
VME	ENGERIX-E	1	0.000000	0.000000	0.000000
	HBVAX PRO	1	0.000000	0.000000	0.000000
	FENDURE	1	0.000000	0.000000	0.000000
VME+VME	TWANNAK	1	0.000000	0.000000	0.000000

0 = dny, 1 = měsíč.

Tab. 1 Přehled výrobců plán. VME a VME registrovaných v ČR





Subset of Agents Reported to Cause HBV Reactivation

Class	Agents
Corticosteroids	Dexamethasone, methylprednisolone, prednisolone
Antitumor antibiotics	Actinomycin D, bleomycin, daunorubicin, doxorubicin, epirubicin, mitomycin-C
Plant alkaloids	Vinblastine, vincristine
Alkylating agents	Carboplatin, chlorambucil, cisplatin, cyclophosphamide, ifosfamide
Antimetabolites	Azauridine, cytarabine, fluorouracil, gemcitabine, mercaptopurine, methotrexate, thioguanine
Monoclonal antibodies	Alemtuzumab, rituximab
Others	Colapsase, docetaxel, eltoposide, fludarabine, folic acid, interferon, procarbazine

Yeo W, et al. *Hepatology*. 2006;43:299-320.

- ## HBV Reactivation: Overview
- Clinical syndrome characterized by an increase in HBV DNA and ALT/AST with or without symptoms or jaundice
 - Occurs in pts with active (HBsAg+) and resolved (HBsAg-, anti-HBc+) HBV infection
 - Wide clinical spectrum
Ranges from silent to acute liver failure (fibrosing cholestatic hepatitis)
 - Can occur during treatment with many immunosuppressive agents
 - May also occur up to 12 mos after treatment
 - Preventable by antiviral prophylaxis
- Di Bisceglie AM, et al. *Hepatology*. 2015;61:703-711.
Perrillo RP, et al. *Gastroenterology*. 2015;148:221-244.
- Slide credit: [clinicaloptions.com](#)

Treatment of HCV with direct-acting antivirals (DAA) may cause reactivation of HBV

Patients fulfilling the standard criteria for HBV treatment should receive NA treatment

HBsAg-positive patients undergoing DAA therapy should be considered for concomitant NA prophylaxis until week 12 post DAA, and monitored closely

HBsAg-negative, anti-HBc positive patients undergoing DAA should be monitored and tested for HBV reactivation

J Hepatol 2017;67:370-98

HBV Reactivation (HBVR) Risk Based on Serologic Status and Immunosuppressive Potency

Risk Level (anticipated incidence of HBVR)	Serological Risk Status	Immunosuppressive Agent Risk Status
High (>10% of cases)	HBsAg+, high HBV DNA, or HBeAg+	<ul style="list-style-type: none"> B-cell-depleting agents (are used in pts with leukemias, non-Hodgkin lymphoma, cryoglobulinemia, rheumatoid arthritis, idiopathic thrombocytopenic purpura) – rituximab (anti-CD20), ofatumumab Systemic chemotherapy Moderate/high-dose corticosteroids
Intermediate (1% to 10% of cases)	HBsAg-, anti-HBc+, anti-HBs-	<ul style="list-style-type: none"> TNF inhibitors – etanercept, adalimumab, certolizumab, infliximab Tyrosine kinase inhibitors – imatinib, nilotinib Other cytokine and integrin inhibitors – abatacept, ustekinumab, natalizumab, vedolizumab Transarterial chemoembolization Low/moderate/high-dose corticosteroids
Low (<1% of cases)	HBsAg-, anti-HBc+, anti-HBs+ (anti-HBs positivity may provide additional protection against HBV)	<ul style="list-style-type: none"> Methotrexate Azathioprine 6-mercaptopurine Low-dose corticosteroids

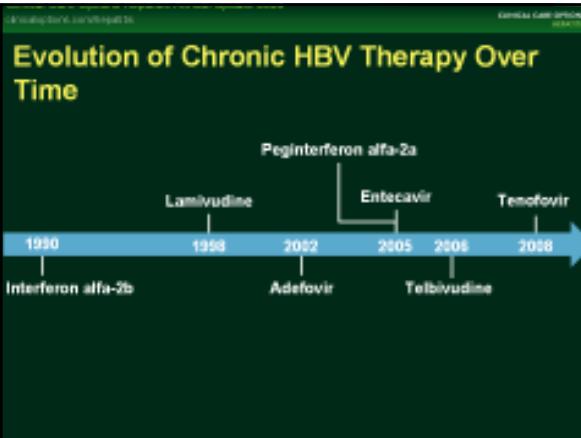
High-dose corticosteroids (>40 mg prednisone daily or equivalent for >4 weeks or moderate-dose corticosteroids (10-20 mg prednisone daily or equivalent) for >4 weeks or low-dose corticosteroids (< 10 mg prednisone daily or equivalent) for ≥ 4 weeks).

Slide credit: [clinicaloptions.com](#)

Nová nomenklatura chronické HBV infekce (J Hepatol 2017;67:370-98)

- Chronická HBV infekce je dynamickým procesem odrážejícím interakce mezi replikací HBV a imunitním systémem
- Ne všichni pacienti s chronickou HBV infekcí mají chronickou hepatitidu B:

 1. HBeAg pozitivní chronická HBV infekce (dříve imunotolerantní fáze)
 2. HBeAg pozitivní chronická hepatitida B
 3. HBeAg negativní chronická HBV infekce (dříve inaktivní nosičství)
 4. HBeAg negativní chronická hepatitida B
 5. HBsAg negativní fáze (také okultní infekce HBV)



Effects of interferon alfa

- IFN alfa inhibits the synthesis of viral nucleic acids and structural and nonstructural viral proteins
- **Immunomodulatory effect:**
IFN alfa increases the activity of cytotoxic T lymphocytes (CTLs) and NK cells, stimulates T lymphocytes and macrophages to the production and secretion of next cytokines
- IFN alfa increases the expression of HLA antigens of the 1st class on the healthy and viral infected cells and therefore infected hepatocytes are then more sensitive to CTLs

Indication for the treatment of HBV infection (EASL 2017 Clinical Practice Guidelines)

- HBV DNA >2,000 IU/ml
- Elevated ALT and/or at least moderate histological lesions (i.e. markers of inflammation = HBeAg-positive or HBsA-negative chronic HB)
- All cirrhotic patients with detectable HBV DNA
- The prevention of mother to child transmission in pregnant women with high viremia (i.e. > 200 000 IU/ml) – **Czech recommendation (from SEP 2017) is to use tenofovir (TDF) from 24th-28th week of gravidity and stop this prophylaxis during the next 12 weeks after the birth**
- Prevention of HBV reactivation in patients requiring immunosuppression or chemotherapy
- Patients with HBeAg-positive chronic HBV infection with normal ALT and high HBV DNA (i.e. previously termed „immune tolerant“ phase) if they are older than 30 years
- Patients with severe acute HB, characterised by coagulopathy or protracted course, should be treated with nucleos(t)ide analogue (NA) therapy and considered for liver transplantation
- Tenofovir (TDF) is recommended for pregnant women with CHB and advanced fibrosis or cirrhosis

Nucleos(t)ide analogues

*famciklovir – analogue of deoxyguanosin

*lamivudine (3TC, LAM) – analogue of deoxycytidine (Zeffix™)

*adefovir dipivoxil (ADV) – analogue of dAMP (Hepsera™)

*tenofovir – similar as ADV
TDF = tenofovir disoproxil fumarate (Viread™)
TAF = tenofovir alafenamide (Vemlidy™)

*entecavir (ETC) – analogue of deoxyguanine (Baraclude™)

*emtricitabine (FTC) – analogue of cytosine

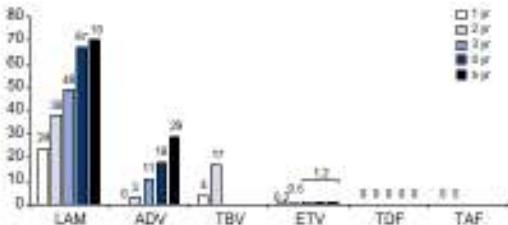
*clevudine (LFMAU) – analogue of pyrimidin

*telbivudine (LdT) – analogue of L-deoxythymidin

Duration of the therapy of chronic HB

	HBeAg pos.	HBeAg neg.
PEG-IFN alfa	48 wks	48 wks
Nucleos(t)ide analogues (LAM,ADV,TDF,ETC)	To HBeAg disappearance and next 12 months	To HBsAg disappearance X HBsAg persistency very often to the end of the life
Initiation of antiviral therapy	HBV DNA >2 000 IU/mL (>10 ⁴ copies/mL)	HBV DNA >2 000 IU/mL (>10 ⁴ copies/mL)

Cumulative incidence of HBV resistance for lamivudine (LAM), adefovir (ADV), telbivudine (TBV), entecavir (ETV), tenofovir (TDF) and tenofovir alafenamide (TAF) in pivotal trials in nucleos(t)ide-naïve patients with chronic HB (Hepatology 2014;60:313A-317A)



Long-term Oral HBV Therapy is Highly Effective

- Suppresses HBV DNA^[1,2]
- Normalizes ALT^[2,3]
- Prevents fibrosis progression^[3,4]
- Promotes fibrosis regression, even in cirrhosis^[4]
- Prevents and even reverses hepatic decompensation^[1]
- Reduces, but does not eliminate, the risk of HCC^[1,5]
- Long-term therapy is effective . . . but low rates of HBsAg loss^[6]

1. Lim YS, et al. Gastroenterology. 2014;147:152-161. 2. Chang TT, et al. Hepatology. 2010;51:422-430.
3. Zoulim F, et al. Gut. 2013;62:780-785. 4. Marcellin P, et al. Lancet. 2013;381:469-475.
5. Papatheodoridis GV, et al. J Hepatol. 2015;62:363-370. 6. Papatheodoridis GV, et al. Hepatol. 2016;63:148-1492.

Long-term Oral HBV Therapy: Downsides

- Toxicity
 - Potential for renal, bone complications with TDF
- Resistance
 - High with lamivudine (not preferred by guidelines)^[1]
 - Very low with entecavir—unless already LAM resistant^[2]
 - None with TDF in clinical trials (similar expected with TAF)^[3]
- Cost
- Adherence

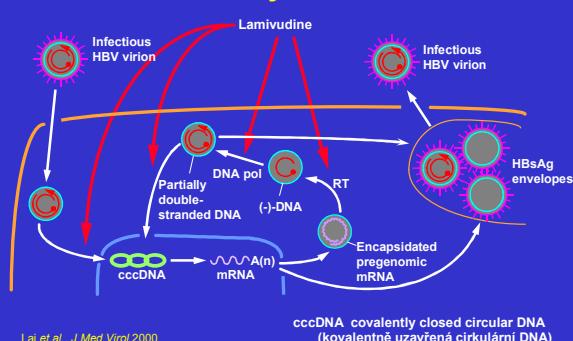
1. Hadziyannis SJ, et al. Hepatology. 2000;32:847-51.
2. Gish SR, et al. Gastroenterology. 2007;133:1437-44. 3. Bull M, et al. Dig Dis Sci. 2015;60:1457-1464.

Slide credit: clinicaloptions.com

Budoucnost v léčbě HBV infekce

- Probíhající klinické studie:
 - inarivir + tenofovir
 - GS-4774 tepelně inaktivovaná, T-buňky stimulující vakcína (rekombinantní, kvasinková)
- Optimální by bylo antivirotník, umožňující degradaci a eliminaci cccDNA (covalently closed circular DNA)
- V případě dosažení inhibice či destrukce cccDNA – by nedošlo k reaktivaci

HBV Replication: Inhibition by Lamivudine



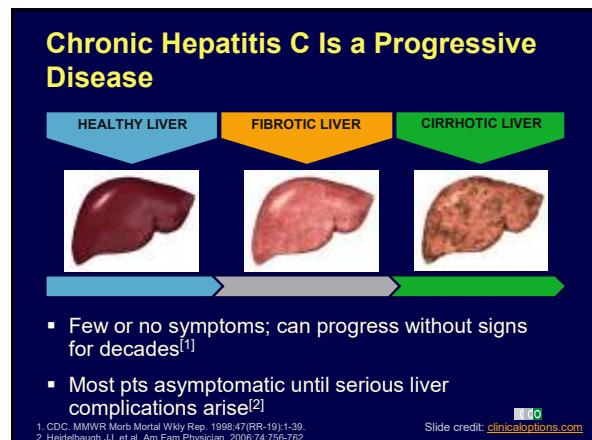
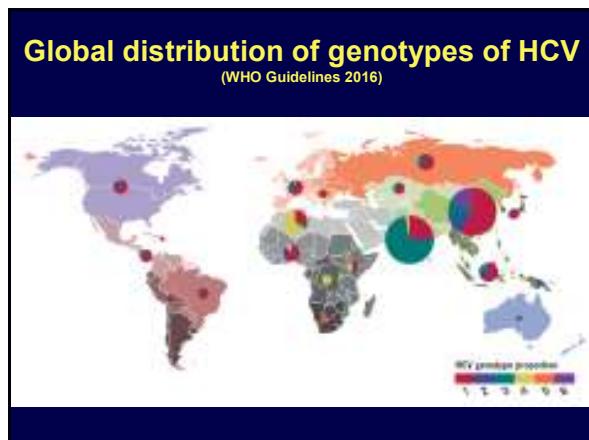
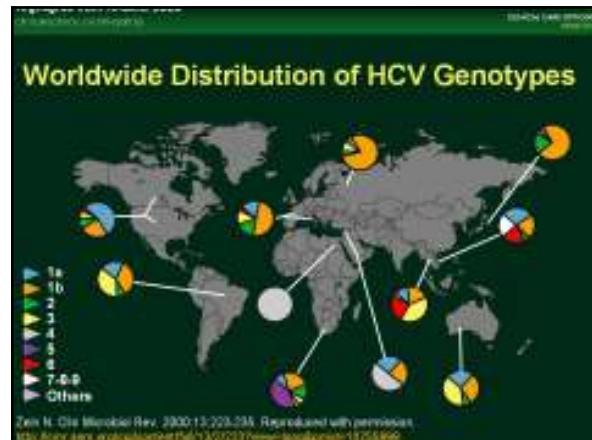
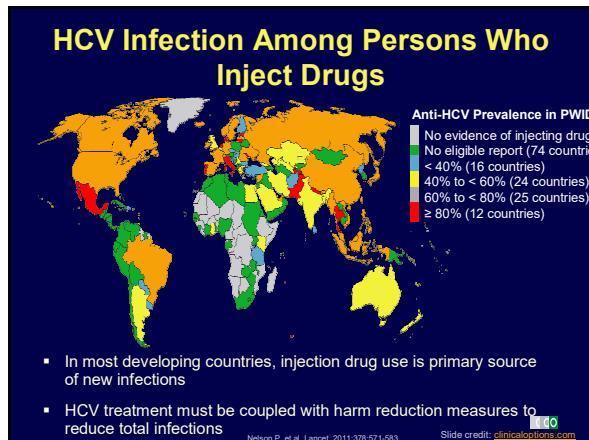
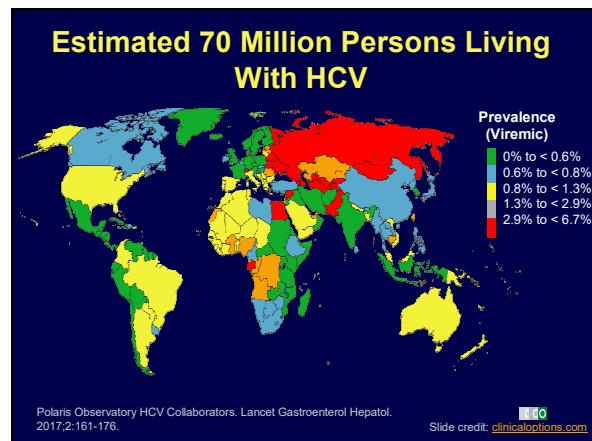
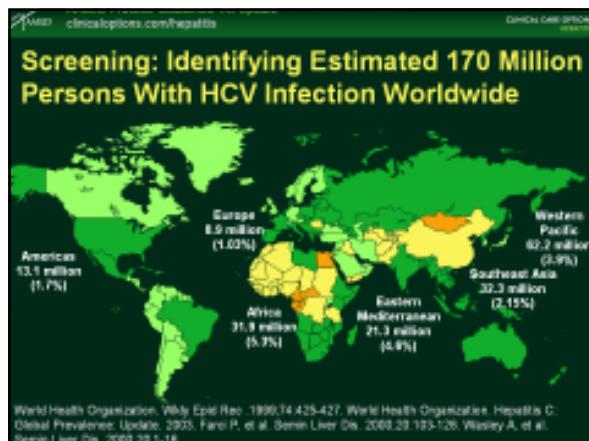
PegIFN vs Nucleos(t)ide Analogues

PegIFN		Nucleos(t)ide Analogues	
Pro	Con	Pro	Con
<ul style="list-style-type: none"> ▪ Finite course of therapy ▪ No resistance ▪ Higher rate of HBsAg loss in 1 yr ▪ Higher rate of HBsAg loss with short duration therapy* 	<ul style="list-style-type: none"> ▪ SC administration ▪ Frequent AEs ▪ Contraindicated in patients with cirrhosis, in pregnancy, with acute hepatitis B, and who are immunocompromised 	<ul style="list-style-type: none"> ▪ PO administration ▪ Infrequent AEs ▪ Safe at all stages of disease, including decompensated cirrhosis† ▪ Safe in immunocompromised populations ▪ Selected drugs probably safe in pregnancy 	<ul style="list-style-type: none"> ▪ Need for long-term or indefinite therapy ▪ Potential for drug resistance

*Particularly for HBsAg-positive patients with genotype A infection.

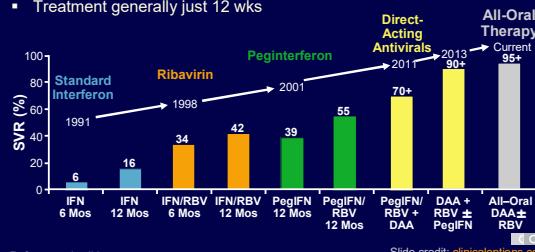
†Recent case report of toxic arthrosis in severe liver failure.

Lai AS, et al. Hepatology. 2007;45:527-539. Lai AS, et al. Hepatology. 2009;50:991-992. Lok AS. Hepatology. 2016;63:743-747. Binstri EH, et al. Gastroenterology. 2008;135:459-467. Linge CM, et al. Hepatology. 2008;48:2991-2998.



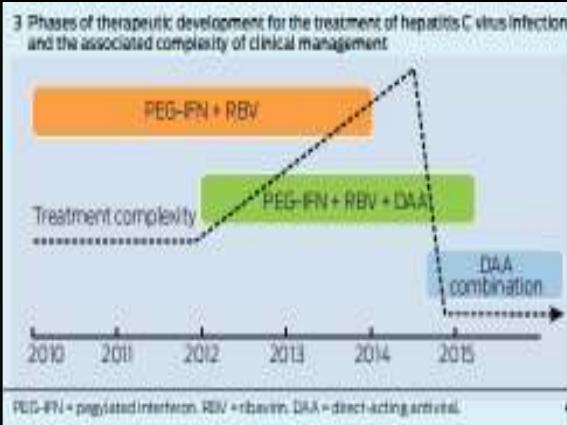
Nearly Everyone With HCV Can Now Be Treated Successfully

- Very high SVR rates; therapies highly tolerable
 - All-oral therapy for almost every pt
 - Treatment generally just 12 wks

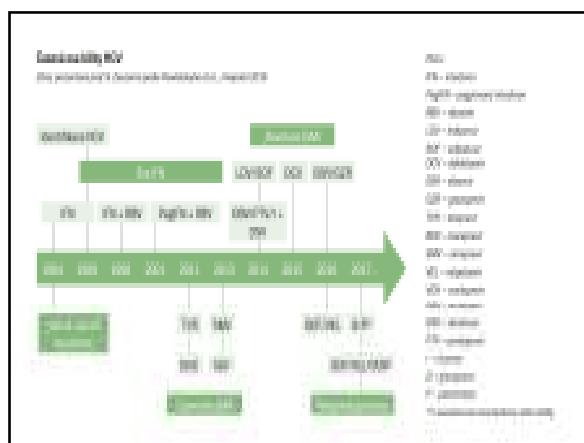


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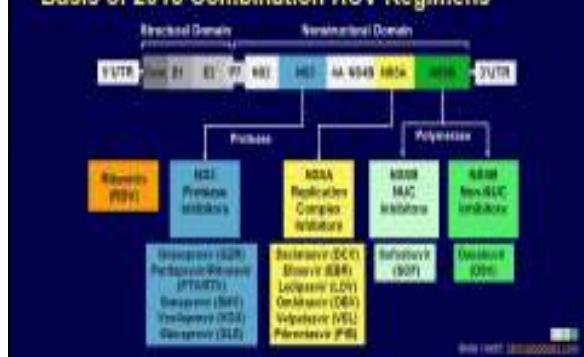
Slide credit: clinicaloptions.com



PUG-EBV = pegylated interferon, EBV = Epstein-Barr virus, DAA = direct-acting antiviral.



Approved DAAs From Multiple Classes: Basis of 2018 Combination HCV Regimens



EASL 2018 HCV Treatment Guidelines

- Recommendations for treatment-naïve patients and patients previously treated with pegIFN/RBV ± SOF or SOF + RBV, ± compensated cirrhosis

HCV Genotype	SOF/VEL (Epclusa™)	GLE/PIB (Maviret™)	SOF/VEL/VOX (Vosevi™)	LDV/SOF (Harvoni™)	EBR/GZR (Zepatier™)	OBV/PTV/RTV + DSV (Viekira™ + Exviera™)
1a	Yes	Yes	No*	Yes†	Yes‡	No
1b	Yes	Yes	No*	Yes	Yes	Yes
2	Yes	Yes	No*	No	No	No
3	Yes†	Yes	Yes§	No	No	No
4	Yes	Yes	No*	Yes†	Yes‡	No
5 or 6	Yes	Yes	No*	Yes†	No	No

*Triple combination effective but not needed because double combinations comparably effective. †Tx naïve ± compensated cirrhosis. ‡Tx naïve or tx experienced without cirrhosis or with compensated cirrhosis and HCV RNA ≤ 800,000 IU/mL. ¶Tx naïve or tx experienced without cirrhosis. #Tx naïve or tx experienced with compensated cirrhosis.

^aTreatment naïve without cirrhosis or with compensated cirrhosis and HCV RNA ≤ 800,000 IU/mL.

1

Dostupné varianty IFN-free režimů pro jednotlivé genotypy HCV (DP ČHS ČLS JEP 2017)					
komplexace	genotypy HCV				
	GT 1	GT 2	GT 3	GT 4	GT 5/6
sofosbuvir+ledipasvir = HARVONI™ (Gilead)	sofosbuvir = SOVALDI™ (Gilead)				
sofosbuvir+velpatasvir = EPCLUSA™ (Gilead)	daclatasvir = DAKLINZATA™ (BMS)				
ombitasvir+paritaprevir = VIEKIRAX™ (AbbVie)	simeprevir = OLYSION™ (Janssen)				
dasabuvir = EXVIERA™ (AbbVie)	sofosbuvir+velpatasvir+voxilaprevir = VOSEVI™ (Gilead)				
(r) = ritonavir	glecaprevir+pibrentasvir = MAVYRET™ (AbbVie) - US				
grazoprevir+elbasvir = ZEPATIER™ (MSD)	glecaprevir+pibrentasvir = MAVYRET™ (AbbVie)-EU, Japan				
asunaprevir = SUNVEPRA™ (BMS)					

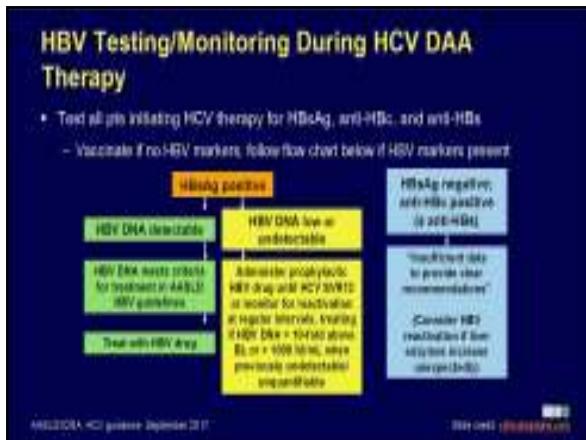
SVR12 a SVR24

Cílem terapie je vyléčení HCV infekce = dosažení trvalé eliminace viru. Eliminace viru brání rozvoji jaterních i mimojaterních komplikací HCV infekce, včetně pokročilé jaterní fibrózy, CIH, dekompenzované CIH a HCC.

Eliminaci infekce je myšleno dosažení setrvale virologické odpovědi (SVR, sustained viral response) = dosažení negativní HCV RNA v séru ve 12. nebo 24. týdnu po skončení protivirové léčby (SVR12 a SVR24).

SVR12 a SVR24 spolu korelují v 99 % případů.

Podle dlouhodobých studií znamená dosažení SVR v 99 % případu trvale vyléčení HCV infekce, tj. u osob se SVR nědochází k pozdním relapsům onemocnění.



Pro případy selhání DAA léčby

Pangenotypální režimy:

Epclusa™ (Gilead)

= sofosbuvir + velpatasvir

Vosevi™ (Gilead)

= sofosbuvir + velpatasvir + voxilaprevir

Maviret™ (AbbVie)

= glecaprevir + pibrentasvir

University of Liverpool hepatitis drug interactions website (HEP Drug Interaction Checker)

<http://www.hep-druginteractions.org/>

Management of Pts With HCV Who Achieved SVR

- SVR associated with myriad clinical benefits
- Mandatory to continue HCC surveillance post-SVR in pts with F3/F4 fibrosis: ultrasound every 6 mos
 - Consider assessing AFP levels as well for these pts
 - Less evidence to support continued screening of F0-F2 but remains a theoretical concern
- Indefinite screening for varices not warranted if varices absent at baseline: 1 more exam after SVR?
 - Surveillance of small varices if no other liver disease present requires further study but advisable
 - Large varices require ongoing management and surveillance
- Routine monitoring for fibrosis regression not the standard of care; further studies may change this
- For pts with ongoing risk for HCV infection after SVR, counsel and test HCV RNA annually

Slide credit: clinicaloptions.com

Main extrahepatic manifestations in pts with HCV infection
(Ther Adv Infect Dis 2016;3(1):3-14)

Immune-related extrahepatic manifestations

- Mixed cryoglobulinemia
- Cryoglobulinemic vasculitis
- B-cell non-Hodgkin's lymphoma
- Sicca syndrome (Sjögren's syndrome)
- Arthralgia/myalgia
- Autoantibody production (i.e. cryoglobulins, rheumatoid factor, and antinuclear, anticardiolipin, antithyroid and anti-smooth muscle antibodies)
- Polyarteritis nodosa
- Monoclonal gammopathies
- Immune thrombocytopenia

Inflammatory-related extrahepatic manifestations

- Type 2 diabetes mellitus type 2
- Insulin resistance
- Glomerulonephritis (membranoproliferative)
- Renal insufficiency
- Fatigue
- Cognitive impairment
- Depression
- Impaired quality of life
- Polyarthritis/fibromyalgia
- Cardiovascular disorders (i.e. stroke, ischemic heart disease)