# Isotope Selective Nondispersive Infrared Spectrometry Can Compete with Isotope Ratio Mass Spectrometry in Cumulative <sup>13</sup>CO<sub>2</sub> Breath Tests: Assessment of Accuracy

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#### ABSTRACT

To measure a patient's metabolic response to an administered <sup>13</sup>C-enriched substrate, isotope selective nondispersive infrared spectrometry is used. Isotope abundance levels are relative, i. e., reported as differences between a tested sample and a reference sample. The reference <sup>13</sup>C abundance is not known exactly. This uncertainty, uncertainty in CO<sub>2</sub> production, and the inaccuracy of the measuring instrument contribute to the uncertainty in the results of breath tests. In this study, the particular impacts of uncertainty are estimated and expressed in a mathematical way by an uncomplicated formula illustrated by an example dealing with real-life data. It is shown that the uncertainty in the reference <sup>13</sup>C abundance does not have severe consequences, so that the method can compete with the spectrometry methods that are able to deliver an absolute value of the <sup>13</sup>C abundance. The inaccuracy of the measuring instrument is also manageable, though its influence is greater than in the previous case. The analysis reveals that the uncertainty in CO<sub>2</sub> production deserves great attention because it is difficult to estimate and its influence is rather strong. The problem of determination of a proper cut-off level is outlined.

Key words: isotope selective nondispersive infrared spectrometry, breath tests, uncertainty, accuracy.

### 1. Introduction

In this paper, <sup>13</sup>CO<sub>2</sub> breath tests evaluated by means of isotope selective nondispersive infrared spectrometry (NDIRS) are considered, their accuracy analyzed, and sources of inaccuracy identified and assessed.

The <sup>13</sup>CO<sub>2</sub>-based breath tests measure a metabolic response to a dose of an administered <sup>13</sup>C-enriched substrate. The response results in <sup>13</sup>CO<sub>o</sub> as the end product, which is analyzed in breath samples. The substrate for <sup>13</sup>CO<sub>2</sub>-based breath tests contains one or more functional groups labeled with <sup>13</sup>C. In the human organism, <sup>13</sup>C-labeled substrate is cleaved in the course of enzymatic reactions such as oxidation, decarboxylation or hydrolysis, and directly or via intermediate metabolites exhaled in the form of <sup>13</sup>CO<sub>2</sub>. The chain of metabolic reactions can be quite complex in this process. Then, the reaction responsible for the major contribution to the exhaled <sup>13</sup>CO<sub>2</sub> can be investigated by means of a <sup>13</sup>CO<sub>2</sub> breath test because the intensity of the <sup>13</sup>CO<sub>2</sub> exhalation reflects the actual intensity of that metabolic reaction. See, for instance, [2, 7, 11, 12, 13, or 14] for more detailed information on <sup>13</sup>CO<sub>2</sub> breath tests.

Generally, two ways of data acquisition are possible in <sup>13</sup>CO<sub>2</sub> breath tests. A method can be chosen delivering the *absolute* abundance of <sup>13</sup>C in a breath sample. A trusted and popular representative of such a method is isotope ratio mass spectrometry (IRMS). However, since IRMS measuring instruments are expensive and are not readily available, another approach is worth thinking about: the use of more available (inexpensive) instruments that, however, *are not able to measure the absolute abundance*. The NDIRS-based method discussed in this paper represents the latter approach.

Isotope abundance levels measured by NDIRS are reported as differences between a tested sample and a reference sample. The difference is commonly expressed through the value of delta over baseline (DOB,  $\delta$ ); see (1), where R<sub>0</sub> refers to the reference sample and R(t) refers to the measured breath sample.

In our <sup>13</sup>CO<sub>2</sub> breath test, a sample of the patient's breath exhaled *before* the test starts serves as the reference for NDIRS, that is, the reference <sup>13</sup>C abundance is identified with the individual <sup>13</sup>C-baseline. This means that, due to the NDIRS limitations, the level of the isotopic abundance in the reference sample is not known and must be estimated. As a consequence, the *reference* <sup>13</sup>C *abundance is* not known exactly, it is *uncertain.* This uncertainty seemingly undermines the entire breath test because the interpretation of NDIRS readings is also uncertain. It turns out, however, that the range of individual <sup>13</sup>C-baselines is small. Hence the uncertainty in the reference <sup>13</sup>C abundance can be limited; details in Section 3.

The uncertain reference <sup>13</sup>C abundance is not the only problem. Often, as in the breath test described in Section 2, the cumulated amount of exhaled <sup>13</sup>C is important. This amount comprises two parts: the contribution from the basal <sup>13</sup>C abundance, and the contribution (called cumulated dose recovery, CDR) from the <sup>13</sup>C-enriched substrate. The ratio between the latter contribution and the <sup>13</sup>C-dose, called the percentage of dose recovered (PDR), is of prime interest in many <sup>13</sup>CO<sub>2</sub> breath tests. Besides the uncertain reference <sup>13</sup>C abundance contributing to the uncertainty of the CDR (PDR),

we also have to consider the uncertainty in the total amount of  $CO_2$  exhaled by the patient during the breath test. Since the  $CO_2$  flow is not easy to measure, it is estimated through the body surface area (BSA) or basal metabolic rate (BMR) formulae. Again, individual deviations are present and should be taken into consideration. This sort of uncertainty is less severe in <sup>13</sup>CO<sub>2</sub> breath test where the diagnostic conclusion is drawn not from the PDR, but simply from the increase of the <sup>13</sup>C content in the patient's breath.

Finally, the NDIRS measuring instrument itself demonstrates some uncertainty in readings, which exhibits statistical and probabilistic features.

In this paper, we rigorously analyze the sensitivity of <sup>13</sup>CO<sub>2</sub> breath test results to uncertain input data mentioned in the previous paragraphs. We present a clear formula that shows the contributions of specific uncertain data to the overall uncertainty of results.

# 2. PDR-Oriented <sup>13</sup>CO<sub>2</sub> Breath Test

The test is arranged as follows:

- At time t<sub>0</sub> = 0, the patient fills bag I (the reference bag) by his/her breath containing a basal level of <sup>13</sup>C in the form of <sup>13</sup>CO<sub>2</sub>, and receives a dose D of <sup>13</sup>C in the form of a <sup>13</sup>C-enriched substrate.
- 2. At time  $t_i = i$ , i = 0, 1..., 6 (hours), the patient fills bag II, and the <sup>13</sup>C concentration in bag II is compared to the <sup>13</sup>C concentration in bag I; the measuring instrument produces a value  $\delta(t_i)$  (delta over base, DOB).
- 3. The instantaneous substrate-origin-<sup>13</sup>C content in the patient's breath, and the cumulated substrate-origin-<sup>13</sup>C content are calculated from  $\delta(t_i)$ .

The patient is in a resting state during the test.

In our setting, delta values were delivered by an isotope selective nondispersive infrared spectrometer, namely by ISOMAX 4000 (Isodiagnostika, Canada).

In the following paragraphs, we model the PDR-oriented test. Since we concentrate on the mathematical properties of the model, physical units are omitted; we assume that the mole is the unit for the amount of substance.

Let  $R_0$  denotes the  ${}^{13}CO_2/{}^{12}CO_2$  ratio in bag I and R(t) the  ${}^{13}CO_2 \setminus {}^{12}CO_2$  ratio in bag II at time  $t \geq 0$ . The values  $\delta(t)$  (i.e., the measuring instrument readings) are interpreted as follows:

$$R(t) = \left(1 + \frac{\delta(t)}{1000}\right) R_0.$$
 (1)

Let  $r_{13}(t)$  be the instantaneous  ${}^{13}CO_2 \setminus CO_2$  ratio in the patient's breath at time t, i.e.,  $1/r_{13}(t)$  is the  $CO_2/{}^{13}CO_2$  ratio. Since we assume that  $CO_2$  comprises only  ${}^{12}CO_2$  and  ${}^{13}CO_2$ , it holds

$$\frac{1}{r_{13}(t)} = 1 + \frac{1}{R(t)} .$$
$$r_{13}(t) = \frac{R(t)}{1 + R(t)} .$$

Thus,

It is assumed that the patient's 
$$CO_2$$
 production rate P is constant during the test. Under this assumption, the <sup>13</sup>CO<sub>2</sub> production rate v<sub>13</sub>(t) is simply

$$v_{13}(t) = Pr_{13}(t) = P \frac{R(t)}{1 + R(t)}.$$
 (2)

We are interested in the part of  $v_{13}(t)$  that comes from the <sup>13</sup>C-enriched substrate; this part will be denoted by  $\alpha(P, R_0, \delta; t)$ . Thus, we have to take away the background (basal, dose independent) part. It is supposed that this background part of <sup>13</sup>CO<sub>2</sub> is constant, and, consequently, can be determined from the breath stored in the reference bag I. Then (see (2))

$$\alpha(P, R_0, \delta; t) = v_{13}(t) - v_{13}(0) = P\left(\frac{R(t)}{1 + R(t)} - \frac{R_0}{1 + R_0}\right)$$
(3)

and, after substituting (1) for R(t),

$$\alpha(P,R_{0},\delta;t) = \frac{PR_{0}\delta(t)}{1000\left[\left(\frac{\delta(t)}{1000} + 1\right)R_{0} + 1\right](R_{0} + 1)}.$$
(4)

Since (4) can be viewed as a P multiple of a fraction, it is convenient to introduce  $A(R_0, \delta;t)$  and write  $\alpha(P,R_0,\delta;t) = PA(R_0,\delta;t)$ .

The key quantity that we need to evaluate is denoted by  $C(P,R_0,\delta;T)$  and stands for the total substrate-origin-<sup>13</sup>C production from time t = 0 till time t = T,

$$C(P,R_0,\delta;T) = \int_0^T \alpha(P,R_0,\delta;t) dt = P \int_0^T A(R_0,\delta;t) dt .$$
 (5)

As  $A(R_0, \delta; t)$  is known only at  $t_i$ , i = 0, 1, ..., 6, the integral (5) is approximated by the trapezoidal rule:

$$C(P,R_0,\delta;t_j) \approx C_{appr}(P,R_0,\delta;t_j) = PK(R_0,\delta;t_j),$$
  
$$j = 1,...,6,$$
(6)

where

$$K(R_{0},\delta;t_{j}) = \sum_{i=0}^{j-1} \frac{A(R_{0},\delta;t_{i}) + A(R_{0},\delta;t_{i+1})}{2}$$

*Remark 1:* The patient's PDR is calculated (in %) as  $100C_{appr}(P,R_0,\delta;t_j)/D$ , j = 1,...,6. Since the ratio equals (6) divided by the known constant D, we can limit our analysis to (6), i.e, to the CDR.

*Remark 2:* If the investigation concentrates only on the increase of the content ot <sup>13</sup>C in the patient's breath (i.e.,  $r_{13}(T) - r_{13}(0)$ ), then  $\alpha(P,R_0,\delta;t)/P = A(R_0,\delta;t)$  (see (4)) is the target quantity.

*Remark 3:* The integral (5) can be approximated by Simpson's rule. Since the trapezoidal rule has been used in calculating the results of clinical breath tests, we confine ourselves to this rule in the uncertainty analysis too.

## 3. Uncertainty Sources and Their Influence

The exact values of P, R<sub>0</sub>, and  $\delta(t_i)$  are not known, i.e., P, R<sub>0</sub>, and  $\delta(t_i)$  are uncertain. As a consequence,  $C_{appr}$  is also uncertain. However, if we put realistic upper and lower bounds on P and R<sub>0</sub>, and if we determine the parameters of the probabilistic behavior of  $\delta$ , then we will be able to assess the range of possible values  $C_{appr}(P,R_0,\delta;t_i)$ . Let us investigate the particular sources of uncertainty.

### 1. Uncertain P

Let  $\mu$  be a real parameter and  $P_2 = (1 + \mu)P_1$ . Then

$$C_{appr}(P_2, R_0, \delta; t_j) = (1 + \mu)C_{appr}(P_1, R_0, \delta; t_j)$$
(7)

because  $C_{appr}$  is linear in P.

#### 2. Uncertain R<sub>o</sub>

A drawback of the used isotope selective nondispersive infrared spectroscopy method lies in the unknown value R<sub>0</sub>. As a rule of thumb, the <sup>13</sup>CO<sub>2</sub><sup>12</sup>CO<sub>2</sub> ratio of the Pee Dee Belemnite (PDB) standard<sup>1</sup>, is often chosen for R<sub>0</sub>, i.e., R<sub>0</sub> = R<sub>PDB</sub> = 0.0112372.

However, measurements indicate thet the PDB value overestimates the individual basal  ${}^{13}CO_2$  abundance in the European population. This observation is in conformity with the generally accepted fact that the usual Western European diet is low in  ${}^{13}C$ . A European group on a habitual and a  ${}^{13}C$ -enriched diet showed basal  ${}^{13}CO_2$  values well between 1.080 and 1.084 atom percent in [17]. Similar results are presented in [5]. By taking values from [5], [17] and by considering intervals of confidence characterized by  $\pm$  3SD (SD = standard deviation), we infer that the interval

$$I_1 = [0.0109180, 0.0109588]$$

covers more than 99% of the range of the basal  $^{13}\mathrm{CO}_2$  abundance in the breath of the group on a low  $^{13}\mathrm{CO}_2$ -enriched diet. If a high  $^{13}\mathrm{CO}_2$ -enriched diet is to be taken into consideration too, then

$$I_{2} = [0.010918, 0.011053]$$

encompasses the basal  ${}^{13}CO_2$  abundance values as can be calculated from data published in [17]. To allow even larger fluctuations, let us cosider

$$I_{R_0} = [0.01091, 0.01106],$$

i.e., we have  $R_{mean} = 0.010985$  perturbed by  $\pm 0.7\%$ .

The following analysis focuses on the sensitivity of  $C_{appr}$  to a change of  $R_0$ , i.e., to the uncertainty in  $R_0$ .

Let  $C_{appr}(P,R_0,\delta;t_j)$  be calculated. We are interested in  $C_{appr}(P,\widetilde{R}_0,\delta;t_j)$ , where  $\widetilde{R}_0 = (1 + \rho)R_0$  for a (small parameter  $\rho$ . Although it is easy to calculate  $C_{appr}(P,\widetilde{R}_0,\delta;t_j) - C_{appr}(P,R_0,\delta;t_j)$  exactly, the following approximation<sup>2</sup> is more convenient for its simplicity:

$$C_{appr}(P,\widetilde{R}_{0},\delta;t_{j}) \approx (1+\rho)C_{appr}(P,R_{0},\delta;t_{j}), \quad (8)$$

where (8) and the estimate of the relative error

$$\left|\frac{C_{appr}(P,\widetilde{R}_{0},\delta;t_{j}) - (1+\rho)C_{appr}(P,R_{0},\delta;t_{j})}{C_{appr}(P,\widetilde{R}_{0},\delta;t_{j})}\right| \leq \sum_{i=0}^{j-1} 2.2\rho R_{0}$$
$$= 2.2j\rho R_{0}$$
(9)

are valid for physiological values, say  $|\delta| \le 100$  and  $0 \le R_0 \le 0.02$ , i.e., (8) and (9) hold even if a value different from  $R_{PDB}$  or  $R_{mean}$  is taken as the baseline  $R_0$ . Note that (9) does not depend on P bacause the fraction is reduced by P.

By referring to the above-mentioned observation concerning the range of individual basal  $^{13}CO_2/^{12}CO_2$  ratios, we can expect that  $\rho \in [-0.007, 0.007]$  (if  $R_0 = R_{mean})$  will cover the majority of cases. Then, the relative error (9) is less than 0.11% at time  $t_6$  (at the end of the breath test) and, consequently, the error of the approximate formula (8) is acceptable in practice.

#### 3. Uncertain $\delta$

Values  $\delta_i = \delta(t_i)$ ,  $i = 0, 1, \dots, 6$ , come from measurements therefore their accuracy is limited by the accuracy of the measuring instrument. The determination of the ISOMAX 4000 accuracy is necessary for an insight into the sources of uncertainty.

By testing statistical hypotheses and by applying Monte Carlo simulation, we concluded that, for a fixed pair of bags I and II, the measured values are distributed normally with the standard deviation  $\sigma$  = 0.3. Within the physiological  $^{13}C$  range (i.e., -5  $\leq \delta(t) \leq 20$  in this study), we consider  $\sigma$  independent of the  $^{13}CO_2/^{12}CO_2$  ratio.

In practice, four measurements of  $\delta_i$  are performed and their mean  $\overline{\delta_i}$  is used in (4) and (6) to improve the accuracy of  $C_{appr}$ . Since  $C_{appr}$  is a nonlinear function of  $\delta$  (see (4)–(6)), statistical properties of  $C_{appr}(P,R_o,\overline{\delta};t_6)$ were inferred via Monte Carlo simulation. We write  $\overline{\delta} = (\overline{\delta_0},...,\overline{\delta_6})$  and use  $\overline{\delta}$  in  $C_{appr}$  though it is formally incorrect; it simply means that  $\overline{\delta}$  is used in the trapezoidal rule (see (6)) to calculate  $C_{appr}(P,R_o,\delta;t_6)$ .

Let P and R<sub>0</sub> be fixed and let  $\delta'_{i}$  be the true delta over base (DOB) at time t<sub>i</sub>. In the simulation, if four instances of DOB are generated with the normal distribution (the mean is set to  $\delta'_{i}$  and the standard deviation to 0.3),  $C_{appr}(P,R_{0},\overline{\delta};t_{6})$  calculated, and these steps repeated, then the distribution of  $C_{appr}(P,R_{0},\overline{\delta};t_{6})$  is close to the normal distribution with the standard deviation  $P\sigma_{k}$ .

The standard deviation  $\sigma_{\rm k}$  depends on  $\dot{R}_{\rm 0}$  and slightly on  $\delta' = (\delta'_0, \ldots, \delta'_6)$ . The depndence on  $R_{\rm 0}$  can be considered linear. A "safe-side"  $\sigma_{\rm k} = 3.5 \times 10^{-4} R_{\rm 0}$  was inferred. The value  $3.5 \times 10^{-4}$  is considered independent of both normal and pathological values of  $\delta$  as well as of  $R_{\rm 0}$  if  $0.006 \leq R_{\rm 0} \leq 0.02$ .

On the basis of  $\sigma_{\!_{\rm K}}$ , we are able to determine confidence intervals for  $C_{_{\!\!\rm appr}}$ .

Let R and R<sub>0</sub> be the true  ${}^{13}CO_2/{}^{12}CO_2$  ratios in the respective bags, and let  $\delta'$  be the corresponding true DOB; see (1). Since inaccessible  $\delta'$  is approached

through four measurements of  $\delta,$  we use their mean  $\overline{\delta}$  to calculate  $C_{_{appr}}.$  Then

$$\begin{split} C_{appr}(P,R_0,\overline{\delta};t_6) &-7\times 10^{-4} \ PR_0 \leq C_{appr}(P,R_0,\delta';t_6) \\ &\leq C_{appr}(P,R_0,\overline{\delta};t_6) + 7\times 10^{-4} \ PR_0 \end{split} \tag{10}$$

with the probability level 0.95 (95 %). The constant  $7\times10^{-4}$  originates from 1.96  $\sigma_{_{\rm K}}/\,R_{_0}\cong7\times10^{-4}.$ 

The 95 % confidence interval for  $\delta'_i$  expressed in terms of  $\overline{\delta}_i$  (the mean of four measurements at time  $t_i$ ) is

$$\overline{\delta}_{i} - 0.3 \le \delta_{i}^{2} \le \overline{\delta}_{i} + 0.3, \tag{11}$$

where  $0.3 \cong 1.96\sigma_{\overline{s}}, \sigma_{\overline{s}} = 0.151$ .

#### 4. Combined uncertainty

If both P and  $R_0$  are uncertain, then (7), (8), and (10) can be combined.

Let  $\mu, \rho \geq 0$  be parameters, let  $\overrightarrow{P,R}_{_0} > 0$  be fixed, and let

$$(1-\rho)\widetilde{\mathsf{R}}_{\scriptscriptstyle 0} \leq \mathsf{R}_{\scriptscriptstyle 0} \leq (1+\rho)\widetilde{\mathsf{R}}_{\scriptscriptstyle 0}, \ (1-\mu)\widetilde{\mathsf{P}} \leq \mathsf{P} \leq (1+\mu)\widetilde{\mathsf{P}} \tag{12}$$

be the respective bounds for an uncertain  ${}^{13}CO_2/{}^{12}CO_2$ basal ratio R<sub>0</sub> and an uncertain physiological  $CO_2$  production P. Then (10) is valid for any P and R<sub>0</sub> fulfilling (12). After applying (7), (8) and realizing that  $C_{appr} = PK$ , we arrive at

$$\begin{aligned} (1-\mu)(1-\rho)\widetilde{\mathsf{P}}[\mathsf{K}(\widetilde{\mathsf{R}}_0,\overline{\delta};t_6) - 7\times 10^{-4}\widetilde{\mathsf{R}}_0] \\ &\leq C_{\mathsf{appr}}(\mathsf{P},\mathsf{R}_0,\delta';t_6) \\ &\leq (1+\mu)(1+\rho)\widetilde{\mathsf{P}}[\mathsf{K}(\widetilde{\mathsf{R}}_0,\overline{\delta};t_6) + 7\times 10^{-4}\widetilde{\mathsf{R}}_0]. \end{aligned} \tag{13}$$

As (13) couples probabilistic and nonprobabilistic estimates, it is not fully justified to say that (13) is the 95 % confidence interval for  $C_{appr}(P,R_0,\delta';t_0)$  under fixed  $\mu$ ,  $\rho$ . Instead of that, we can say that  $C_{appr}(P,R_0,\delta';t_0)$  will break the bounds (13) with a low probability, which hardly exceeds 0.05.

Remark 4: It should be  $\delta_0 = 0$  because the breath in bag I is, in fact, equal to the breath in bag II at t = 0. However, measurements at t = 0 suggest that a systematic error  $e_{\delta} = -0.4$  could be present, see Table 1. The error was neglected but, in the case of necessity, relevant corrections can be made in the above analysis.

### 4. Uncertainty Analysis of Real-Life Data

We illustrate (13) by a numerical example originating from a pancreas-oriented  ${}^{13}CO_2$  breath test [9, 10]. Table 1 shows the means of four measured DOB values respective to tested individuals  $\alpha$  and  $\beta$ .

Table 1: Means of measured data

	t <sub>o</sub>	t,	t <sub>2</sub>	t <sub>3</sub>	t <sub>4</sub>	t <sub>5</sub>	t <sub>6</sub>
$\overline{\delta}_{\alpha}$	-0.8175	5.4737	5.9897	4.7690	3.5598	2.5590	1.9628
$\overline{\delta}_{\beta}$	-0.4475	0.2655	1.2540	1.7575	1.5075	1.1163	0.6777

The BSA-based  $\widetilde{P}_{\alpha}$  equals 707 and  $\widetilde{P}_{\beta} = 673$ . The Haycock formula [4] is used to calculate the body surface area, then the area is multiplied by a constant (= 300) to obtain the CO<sub>2</sub> production rate. Let  $\mu = 0.2$ ,  $\rho = 0.007$ , see (12), and  $\widetilde{R}_{0} = R_{mean}$ . Then

$$\mathsf{K}(\widetilde{\mathsf{R}}_0,\overline{\delta}_{\alpha};t_6)=2.46\times10^{-4} \ \text{and} \ \mathsf{K}(\widetilde{\mathsf{R}}_0,\overline{\delta}_{\beta};t_6)=6.45\times10^{-5},$$

and (13) reads

$$0.1338 \le C_{appr}(P, R_0, \delta'_{\alpha}; t_6) \le 0.2167,$$
 (14)

$$0.0304 \le C_{appr}(P, R_0, \delta_{\beta}^{i}; t_6) \le 0.0587.$$
 (15)

By comparing (14) and (15), we observe that the ranges of  $C_{appr}$  do not intersect even if a rather considerable amount of uncertainty is taken into account. This indicates that these two individuals (almost) certainly do not belong to one and the same metabolic response class.

We can also express (14)–(15) in terms of the CDR, that is,

$$40.3 \% \le \text{CDR}_{\alpha} \le 65.2 \%, \tag{16}$$

$$9.2 \% \leq CDR_{\beta} \leq 17.7 \%;$$
 (17)

see Remark 1; it is D = 0.33224.

According to our experience supported by clinical data and information available in literature, the BSAbased cut-off level is equal to 23 % for this test, where <sup>13</sup>C-mixed trigliceride is administered. As a consequence, (17) clearly indicates a disorder.

#### 5. Carbon Dioxide Production

Although the uncertainty in P is easily tractable, see (7), this sort of uncertainty certainly has a large share in the uncertainty of breath tests results.

It seems reasonable to use the BMR-based estimates of P instead of the BSA-based estimates. The BMRbased formulae take into consideration not only body weight and height (as the BSA formulae do), but also age and sex; see [8], [16].

In general, P calculated from BMR ( $P_{BMR}$ ) differs from P calculated from BSA ( $P_{BSA}$ ), but the difference is not uniform. Figure 1 depicts the shifts in our test results if  $P_{BMR}$  is used instead of  $P_{BSA}$  inferred by multiplying the body surface area, see [4], by 300 mmol/hour. To obtain  $P_{BMR}$ , the formula published in [8] was modified. We set the patient energy expenditure equal to 1.1 BMR, which, in our opinion, corresponds better to the conditions of our tests than 1.4 BMR used in [8]. The PDR values are calculated from functional breath tests measurements after <sup>13</sup>C-mixed triglyceride or <sup>13</sup>C-xylose administration in a group of 181 subjects.

Although there are differences between individual  $P_{BMR}$  and  $P_{BSA}$  values, the mean of  $P_{BMR}/P_{BSA}$  is close to 1. This indicates that the widely accepted cut-off value 23 % inferred on the basis of the BSA-based estimate



Figure 1: The change in the PDR if P is based on a BMR formula (marked by dot) and a BSA formula. The differences are indicated by line segments; 181 patients tested.

of CO<sub>2</sub> production is valid even if the BMR-based estimate is used. This cut-off level has also been confirmed by the breath tests of about 40 individuals without a pancreas disorder. In detail, the mean of their PDR reduced by 2 SD equals 24 %.

However, it must be stressed that the estimation of the individual  $CO_2$  production rate is a delicate matter and that the assessment of its accuracy asks for further investigation.

# 6. Discussion

The uncertainty in the results of  ${}^{13}CO_2$  breath tests has three sources: (a) uncertain baseline  ${}^{13}C$  abundance  $R_0$ , (b) inaccuracy of the spectrometer, and (c) uncertainty in  $CO_2$  production P.

Regarding (a), it is fairly justified to consider the uncertainty in  $R_0$  very limited. Its impact is almost negligible if compared with (b) and (c). Although the basal <sup>13</sup>C abundance is estimated on the basis of general facts, the bounds are rather tight. It means that the accuracy gain in a cumulative breath test using IRMS, where the reference basal <sup>13</sup>C is known, would not be significant.

The accuracy of the spectrometer includes two aspects: (b1) the accuracy of repetitive measurements, i. e., a deviation when one gas sample is measured repeatedly, and (b2) the absolute accuracy, i. e., the relation to a true  $\delta$  value.

In [1], subjects (b1) and (b2) are treated and an isotope selective nondispersive infrared spectrometer is tested on gases with different  $\delta$  values measured also by isotope ratio mass spectrometry (IRMS). The measured samples have the true  $\delta$  values (approximately) 118, 98, 75, -20, -24, and -45. These sample  $\delta$  values are irregularly distributed and do not cover the range of our prime interest in this study (–1 up to 12 per mille). Nevertheless, the standard deviation value is significantly less than 3% of the true  $\delta$  value in [1], except for the 75 per mille sample, where it is more than 5%.

The standard deviation of NDIRS measurements reported in [1] is in conformity with our findings. Let us recall that we consider the standard deviation of measurements equal to 0.3, when samples with  $\delta$  between -1 and 12 are measured; see Section 3.

The isotope selective nondispersive infrared spectrometer used in our tests (ISOMAX 4000) has been regularly tested on samples supplied by the manufacturer. Although the accuracy tolerance has not been exceeded, this sort of "black-box" testing has not contributed much to our knowledge of the absolute accuracy of the device (the inaccuracy is less than 10%). However, according to [1, Table 1], the difference between the IRMS and NDIRS readings of  $\delta$  is about 1% or less, except for the 75 per mille sample, where it is 6%. The 1% figure indicates that a properly maintained and calibrated infrared spectrometer is a satisfactorily accurate device. Similar or even better agreement between IRMS and NDIRS readings is reported in [6].

# 7. Conclusion

By virtue of the sensitivity and uncertainty analysis, we conclude that the uncertainty in the reference <sup>13</sup>C abundance is not particularly harmful. It does not prevent the NDIRS method from being successfully applied in the <sup>13</sup>CO<sub>2</sub> breath tests (cf. [15], where different reasons lead to the same conclusion). However, the analysis also reveals that a more serious danger for the credibility of <sup>13</sup>CO<sub>2</sub> breath tests could be the uncertainty in the amount of CO<sub>2</sub> exhaled by the patient. We consider the uncertainty in CO<sub>2</sub> production the most important source of uncertainty in breath tests results. The IRMS-based cumulative breath tests also suffer from this sort of uncertainty, so that to substitute IRMS for NDIRS is not a remedy.

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#### Poznámky:

- <sup>1)</sup> The standard refers to Belemnitella Americana, a fossil found in the Pee Dee Formation in South Carolina.
- <sup>9</sup> It is not a Taylor expansion.

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